

Not sure if the gym is for you? Here are some other great local options!



1.) **WHERE:** Twin Cities Orthopedics: Eden Prairie, Burnsville, & Maple Grove

WHAT: *FREE* Fitness Classes

WHEN: Daily!

Twin Cities Orthopedics offers free fitness classes at 3 of their office locations – Eden Prairie, Burnsville and Maple Grove. These classes are free to the public – you do not need to be a patient! Classes range from boot camp to yoga and can be tailored to any fitness level. Check out a class over lunch or after work. For details and to sign up, visit their website at: www.tcomn.com/services/fitness-classes



2.) **WHERE:** Chaska Community Center

WHAT: Drop in classes ranging from 20 minute to hour classes.

WHEN:

\$4.25 Community Center Members or \$7.50 non-members (Youth/AOA \$6.50)

www.chaskacommunitycenter.com

Class Options:

- See second page for class lists.

Note: Only classes shown in yellow require “Pre-registration” and require a different fee. All others are welcome to non- member.



3.) WHERE: Chanhassen Recreation Center Gym and Fitness Rooms – drop-ins welcome!
No need to preregister.

WHAT: Residents: \$3.00 or 1 punch on Rec Card

WHEN: See Schedules @: <http://www.ci.chanhassen.mn.us/index.aspx?NID=296>

Phone Number: 952.227.1400

**Because we work in Chanhassen we get residential pricing!

Punch Card Break Down: Or buy as you go \$3.00 per time!

10 punches: \$30.00

20 punches: \$55.00

40 punches: \$106.00