

## Local Healthy Food Options

1. Lakewinds Food Co-op (<https://www.lakewinds.coop/locations/chanhassen/>)
2. Chipotle: Use online nutrition calculator to create healthy options (<https://www.chipotle.com/nutrition-calculator>)
3. Chick-fil-A: Salads or grilled chicken. Also has online nutrition facts for every meal (<https://www.chick-fil-a.com/>)
4. Jimmy John's: Vegetarian option or Unwiches (<https://www.jimmyjohns.com/>)
5. Potbelly: Skinnys or Salads (<https://www.potbelly.com/menu/Skinneys>)
6. Kai's Sushi (<http://kaisushigrill.com/default.aspx>)
7. Na's Thai Café: Non-fried items (<http://nasthaicafe.com/>)
8. Lunds and Byerly's (<https://lundsandbyerlys.com/our-stores/locations/chanhassen/>)
9. Noodles and Company: 500 calories or less menu (<https://www.noodles.com/menu/>)
10. Jimmy John's: Vegetarian option or Unwiches
11. Pasta Zola – salads/flatbreads (<http://www.pastazola.com/menu/>)
12. Sake Sushi (<http://www.sakesushimn.com/>)
13. Qdoba (<https://www.qdoba.com/menu-nutrition>)

